



ANTI-BULLYING POLICY 2017



*“Someone who sees harassment and bullying happening is called a bystander.
If he/she does nothing, he/she can be considered to be as guilty as the bully”
If someone is making you feel embarrassed, uncomfortable, or upset...*

Step 1

- Everyone has the right to be safe
- If it is low level, try to ignore the person
- Stay cool - show it does not upset you.
- Ask the person to stop - Use an “I” statement e.g., “I don’t like you calling me that name, stop it thanks“

Step 2

If another incident occurs involving the same student(s):

Remember that we can help ourselves by talking to someone that we trust. Report the bullying to one of the following people so that they can help solve the problem.

- Your teacher
- School Counsellor
- Another staff member who can help you (eg yard duty teacher)

Consequences:

- The person will be counselled
- The incident will be recorded
- If it is a yard issue, the student may need to attend Room 9
- Spend yard time thinking about behavior on colour dots.

*You may also like to talk to a friend you trust, who can support you **but not get involved.**
Mediation may occur with a leadership member and the students involved.*

Step 3

If another incident occurs involving the same student(s):

Report the ongoing bullying again to a teacher/School Counsellor, Deputy Principal or the Principal.

- The harassment will be recorded
- Parents informed (telephone contact or via meeting)

Consequences:

- Student will be given time out in the office to think about his/her actions and receive counseling.
- If it is a yard issue, then restricted play may be implemented.

If the behaviour still persists, continue to report it to a staff member

Consequences:

- The student may be given a take-home to reflect on their actions
- The student may be suspended, internal or external, if behaviour continues
- A Behaviour Plan may be implemented during a re-entry meeting to discuss the student’s behaviour.

Dealing with incidents of bullying that have been outlined in 3 clear steps.

In incidents of bullying that threaten or have threaten a students safety or well being, Step 3 consequences will be referred to when dealing with the reported issue.

Please Note: Any cyber Bullying as a result of social networks such as Facebook may result in the Principal becoming involved and consequences given including the bully being suspended.

Please Note: Any cyber bullying as a result of social networks such as Face Book may result in the principal and SAPOL becoming involved and consequences given including Take home or suspension.



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What is bullying?

- repeated behaviour that makes a person feel unsafe
- Intended to cause harm, distress or fear to another
- May be physical, verbal, cyber (facebook, mobile phones) or indirect
- Carried out by an individual or group of students
- Exerting power over an individual

What does bullying look like in the schooling setting?

- Being ignored or left out on purpose (indirect)
- Being made fun of by others (verbal)
- Teased in a mean and hurtful way (verbal)
- Staring or giving mean looks (indirect)
- Being hit, pushed or kicked (physical)
- Messages posted about a person on mobile phone or internet (Cyber bullying)
- Bystanders supporting bullies by laughing, encouraging behaviour (indirect).

What can I do if someone bullies me?

- Tell the person to stop
- Use an I statement—"I don't like it when you make fun of me"
- Ignore the person and walk away
- Seek help with someone you trust
- Report the bullying to a teacher
- Talk to the people that you live with so they are able to support and guide you through this time
- Understand by reporting bullying that you are not 'dobbing' that you are following the procedure to keep yourself safe at school

What can I do if I see someone being bullied?

- Tell the person responsible to stop
- Support the person being bullied
- Encourage the person who is being bullied to report the incident to a teacher
- Report the incident yourself to a staff member
- Walk away, do not be a bystander

How are social skills taught at Flinders View Primary School to reduce bullying?

At Flinders View Primary School we use Wilson McCaskill, Play is the Way Program. The program is a methodology for teaching social and emotional learning using guided play, classroom activities and empowering language.